

DRINK



Drinking water is the easiest and cheapest thing you can do for good health.

Drinking enough water will:

- **Improve your test scores**
- **Help your headache**
- **Help your stomachache**
- **Make you less sleepy, more alert**
- **Improve your athletic performance**
- **Help you maintain a healthy weight**
- **Make you healthy and beautiful**

SKYLINE'S WATER IS
SAFE
TO DRINK

Skyline's tap water is clean and safe to drink. The water was recently tested and was found to be free of harmful contaminants. Test results are available at the health center.

DRINK

TAP
WATER