

# Bay Area SEASONALITY



	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples												
Apricots												
Artichokes												
Arugula												
Asparagus												
Avocados												
Basil												
Beets												
Blackberries												
Blueberries												
Bok Choy												
Broccoli												
Brussels Sprouts												
Cabbage												
Carrots												
Cauliflower												
Celery												
Chard												
Cherries												
Collards												
Corn												
Cucumber												
Eggplant												
Figs												
Garlic												
Grapefruit												
Grapes												
Kale												
Leeks												
Lemons												
Lettuces												
Melons												
Mushrooms												
Nectarines												
Onions												
Oranges												
Peaches												
Pears												
Peas												
Peppers, bell												
Persimmons												
Plums												
Pomegranates												
Potatoes												
Radishes												
Raspberries												
Spinach												
Strawberries												
Squash, summer												
Squash, winter												
Tomatoes												

