

## MYPLATE ACTIVITY

Which MyPlate food group does each food item fit in? Now, exercise your brain and find the item in the word search below.

	<u>Name of food item</u>	<u>MyPlate Food Group</u>
#1	_____	_____
#2	_____	_____
#3	_____	_____
#4	_____	_____
#5	_____	_____
#6	_____	_____
#7	_____	_____
#8	_____	_____
#9	_____	_____
#10	_____	_____
#11	_____	_____
#12	_____	_____
#13	_____	_____

L R X B U N A J L U S R E O H C K P E M  
H X E F M V K N Q H A Z W X J X Y Q K C  
T U O G O W K Y S N E E G A D E I R S H  
V T S C R B B E X E P L Z A L B E V X F  
L Z A X B U Q Q K F T A H P K N S A T K  
O D R V G X B G K V I K U D N E U O J B  
O W J Q M F U E N W L F M K O I Q T E X  
N M M O V T H L I R P F F T E G J J S Z  
H Z K L K N U U E G S Y A G H E Y R Z M  
D Z Q B S K A C G D G M F Q S Z J J W I  
T A Y Q V K F P T K O E I H B Q K W R Q  
X C D I E Q V O R T Y A V B F F N P B R  
U B H S N S I X M O U Y G P V M X C O C  
A O N I U Q R S X H K T G D Q C P M K W  
W X Q C A D F W V W S S O Y M I L K C L  
S D E E S N I K P M U P C H E G G Y H P  
J K F J K K D C Z N J U Y W W L R J O T  
G B E X I I V L F M M R F K A J R L Y Y  
U D J X E F O J V I C G U Z V E Z A X Z  
M B Q A T K R Z A J M Q A V C G Z V B T



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